

# INAIKA DUATHLON

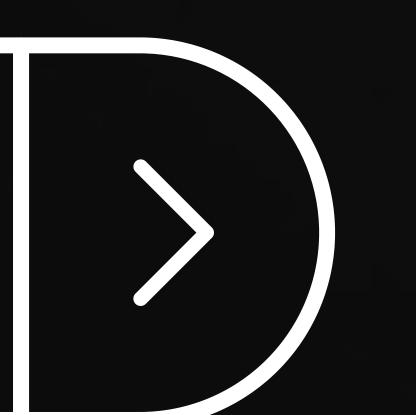
THE FIRST DUATHLON IN SENDAYAN

KIDS DUATHLON - FAMILY RELAY
SUPER SPRINT - SPRINT - STANDARD - MIXED RELAY

NATIONAL & NATIONAL YOUTH DUATHLON CHAMPIONSHIP

26TH NOVEMBER 23

REGISTER NOW





ORGANIZED BY



SANCTIONED BY















### MATRIX MATRIX DUATHLON

#### GENERAL INFORMATION

EVENTTITLE : MATRIX DUATHLON 2023 POWERED BY NX113

: 24TH - 26TH NOVEMBER 2023 DATE

VENUE. : D'TEMPAT COUNTRY CLUB

PT 12653, JALAN PUSAT DAGANGAN SENDAYAN 1, BANDAR SRI SENDAYAN,

71950 SEREMBAN, NEGERI SEMBILAN

: HYBRID MANAGEMENT SDN BHD EVENT ORGANIZER

RACE DIRECTOR : ANDY FOO

CONTACT NUMBER : +6012 391 9211

: REGISTRATION@NEPTUNEX113.COM E-MAIL

REGISTRATION PORTAL: WWW.NEPTUNEX113.COM

### RAGEGORY

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#### KIDS DUATHLON

- -7 YEARS OLD &UNDER ( MALE & FEMALE ) 400M 1KM 200M
- •8 9 YEARS OLD ( MALE & FEMALE ) 800M 2KM 400M
- •10 11 YEARS OLD ( MALE & FEMALE ) 1.2KM 4KM 800M

#### FAMILY RELAY

• 1 ADULT & 1 KID / TEAM ( 500M - 1KM - 500M )



STANDARD

SPRINT

SUPER SPRINT

MIXED RELAY

261111100123

### REGISTRATIONFEE

	Early Bird (Until 10 Oct 2023)	Normal (Until 15 Nov 2023)
Matrix Kids Duathlon	RM120	RM140
Matrix Duathlon Family Relay	RM250	RM300
Matrix Duathlon Standard	RM220	RM260
Matrix Duathlon Sprint National Duathlon Championship	RM180	RM220
Matrix Duathlon Super Sprint Malaysia Youth Championship	RM140	RM170
Matrix Duathlon Relay Standard	RM550	RM650

### AGE GROUPS

Matrix Kids Duathlon (Male)	Matrix Kids Duathlon (Female)	Matrix Duathlon Family Relay
Under 7 8 – 9 Years 10 – 11 Years	Under 7 8 – 9 Years 10 – 11 Years	Non- competitive (1 Adult & 1 Kid per team)

<sup>\*</sup> If there are less than 5 participants in any age group, the registered participant/s will automatically be pushed down to the younger age-grouping (at the end of the registration close date).

### AGE GROUPS

Matrix Duathlon Standard (Male)	Matrix Duathlon Standard (Female)	Matrix Duathlon Sprint (Male)	Matrix Duathlon Sprint (Female)	Matrix Duathlon Super Sprint (Male)	Matrix Duathlon Super Sprint (Female)
18 - 29 Years 30 - 39 Years 40 - 49 Years 50 And Above	35 – 49 Years 50 And Ahove	$\Delta (0 - \Delta 9)$ Years		12 - 13 Years 14 -15 Years 16 And Above	12 - 13 Years 14 -15 Years 16 And Above

<sup>\*</sup> If there are less than 5 participants in any age group, the registered participant/s will automatically be pushed down to the younger age-grouping (at the end of the registration close date).

### AGE GROUPS

Matrix Duathlon	National Duathlon	Malaysia Youth
Relay Standard	Championship	Championship
Relay Male Relay Female Mixed Relay	Male Female	Male Female

<sup>\*</sup> If there are less than 5 participants in any age group, the registered participant/s will automatically be pushed down to the younger age-grouping (at the end of the registration close date).

### CASH PRIZE

CATEGORY	1st	2nd	3rd
Matrix Duathlon Standard	RM900	RM600	RM400
Matrix Duathlon Sprint	RM700	RM500	RM300
National Duathlon Championship	RM700	RM500	RM300
Matrix Duathlon Super Sprint	RM500	RM300	RM200
Malaysia Youth Championship	RM500	RM300	RM200
Matrix Duathlon Relay Standard	RM1,000	RM900	RM800

### KIDS DUATHLON & FAMILY RELAY

DATE : 24th November 2023 (Friday)

Venue : d'Tempat Country Club

Time : 2.00 pm - 5.00 pm

Race Briefing: Saturday 25th November, 6.50am (at starting area)

### AGE GROUP MATRIX DUATHLON

DATE: 25th November 2023 (Saturday)

Venue : d'Tempat Country Club

Time : 11.00 am - 5.00 pm

Race Briefing: 5.00 pm

# RAGE PAGN COLLECTION

### KIDS DUATHLON & FAMILY RELAY

#### SATURDAY 25TH NOVEMBER 2023

5.30am Bike Check In

7.00am KIDS U7 Flag Off\*

7.10am KIDS 8 - 9 YO Flag Off\*

7.20am KIDS 10 - 11 YO Flag Off\*

8.45am Family Relay Flag Off\*

10.00am Prize Presentation

11.00am Day 1 Event Officially Ends

### EVENT SCHEDULE

<sup>\*</sup>Dates are fixed, however timing may vary depending on weather conditions.

#### MATRIX DUATHLON

#### SUNDAY 26TH NOVEMBER 2023

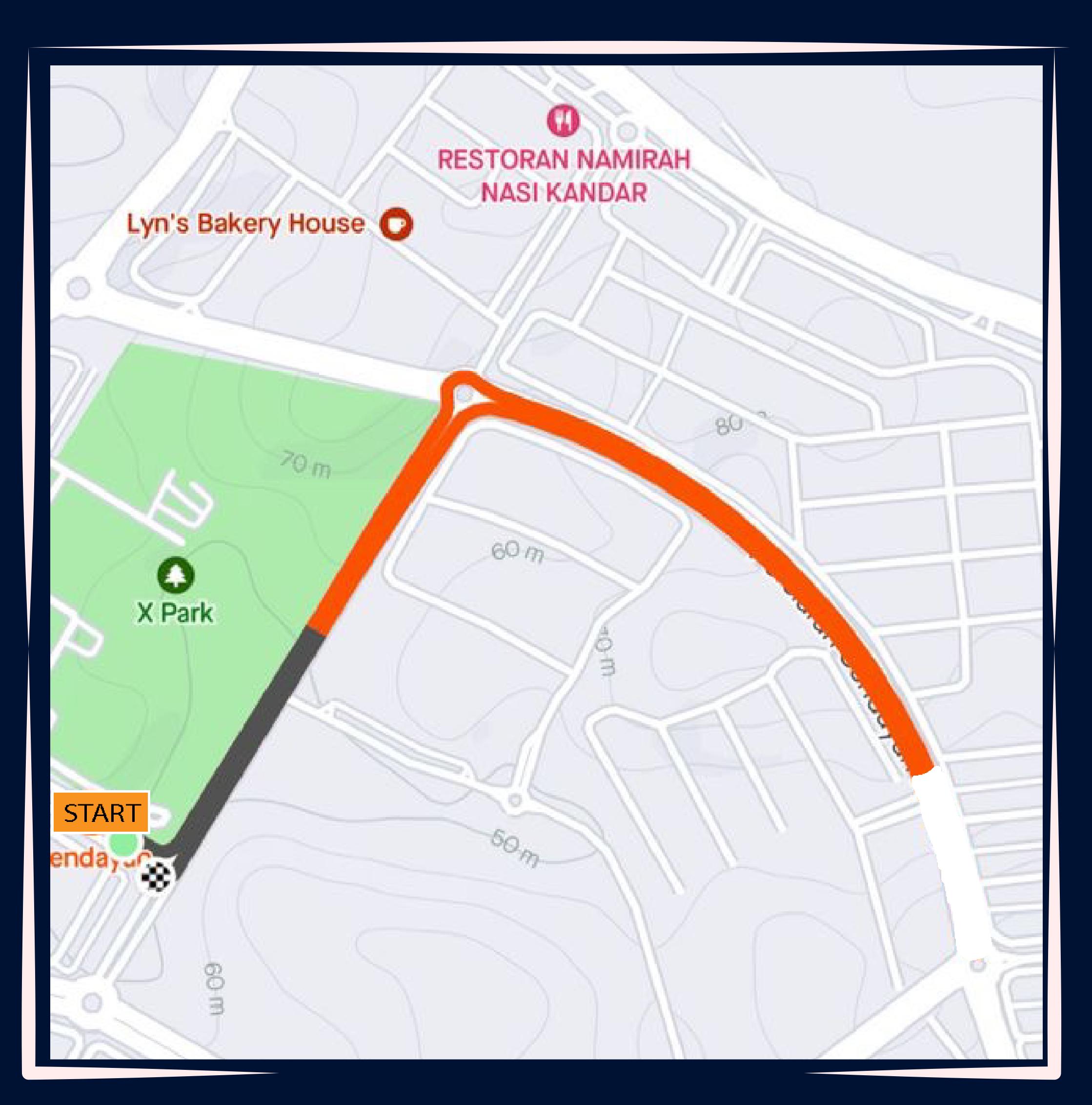
- 5.00am Bike Check In
- 7.00am Malaysia Youth Championship Super Sprint Flag Off \*
- 7.05am Matrix Duathlon Super Sprint Male / Female Flag Off \*
- 8.00am Malaysia Open Championship Sprint Flag Off \*
- 8.05am Matrix Duathlon Sprint Men Flag Off \*
- 8.15am Matrix Duathlon Sprint women Flag Off\*
- 8.30am Matrix Duathlon Standard Men Flag Off\*
- 8.40am Matrix Duathlon Standard Women & Relay Flag Off\*
- 10.00am Prize Presentation for Super Sprint and Sprint
- 12.00pm Prize Presentation for Standard & Relay
- 1.00pm Day 2 Event Officially Ends

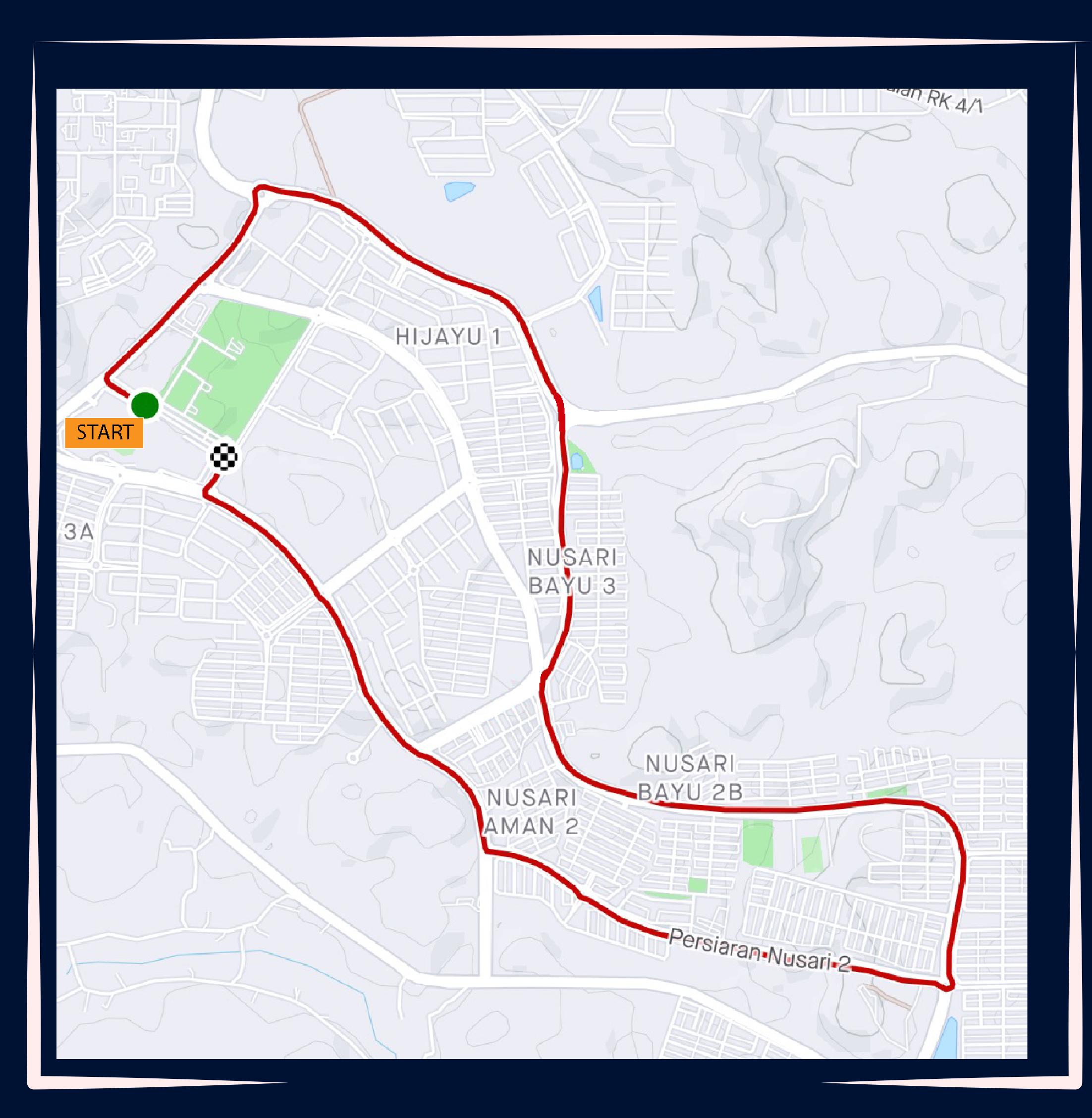
# EVENT SCHEDULE

<sup>\*</sup>Flag Off by Age Group waves, however timing may vary depending on weather conditions.

### MATRIX DUATHLON STANDARD INDIVIDUAL & RELAY

10KM RUN - 40KM BIKE - 5KM RUN







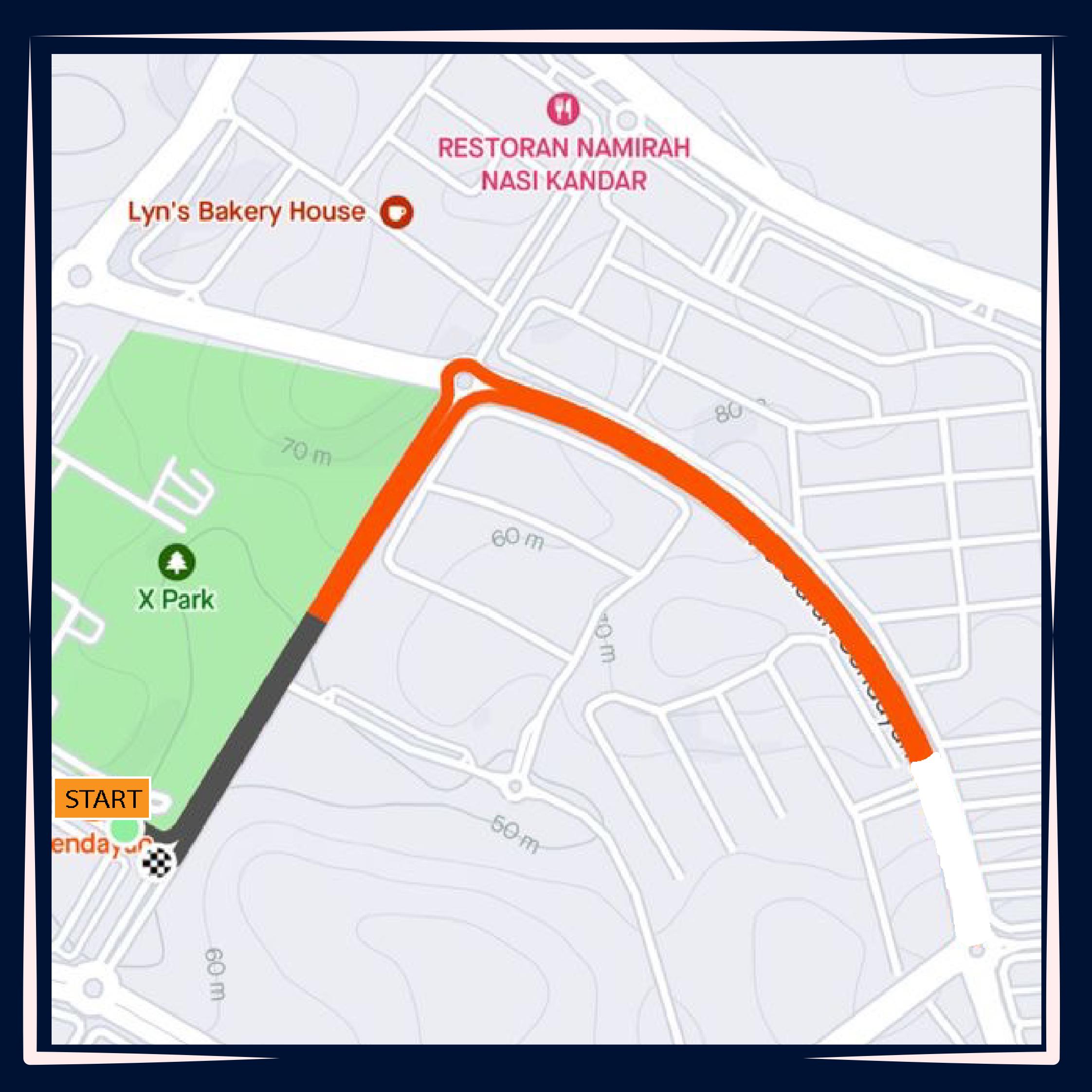
RUN 10KM (4L00PS)

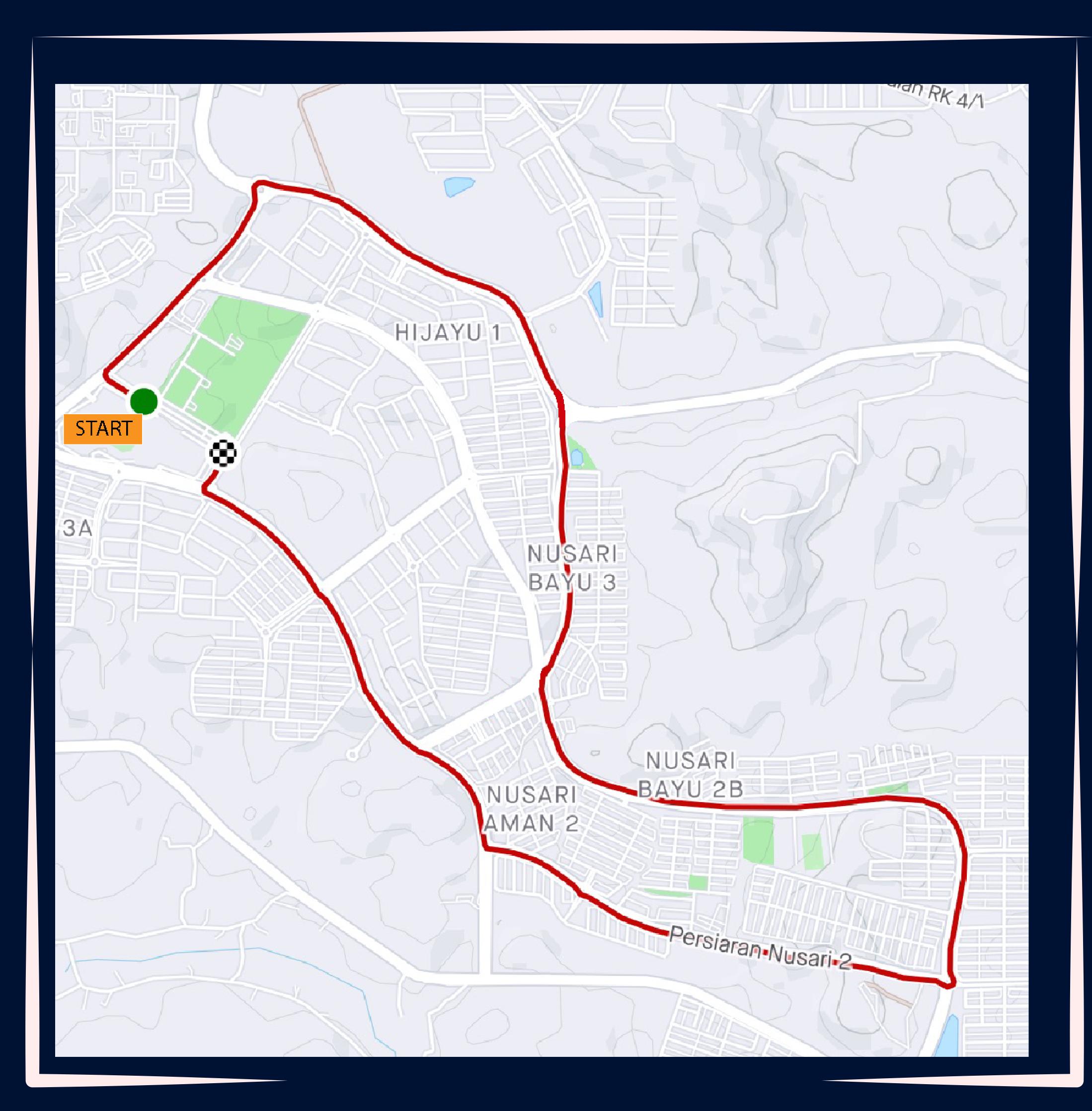
BIKE 40KM (4L00PS)

RUN 5KM (2L00PS)

### MATRIX DUATHLON SPRINT

5KM RUN - 20KM BIKE - 2.5KM RUN







RUN 5KM (2L00PS)

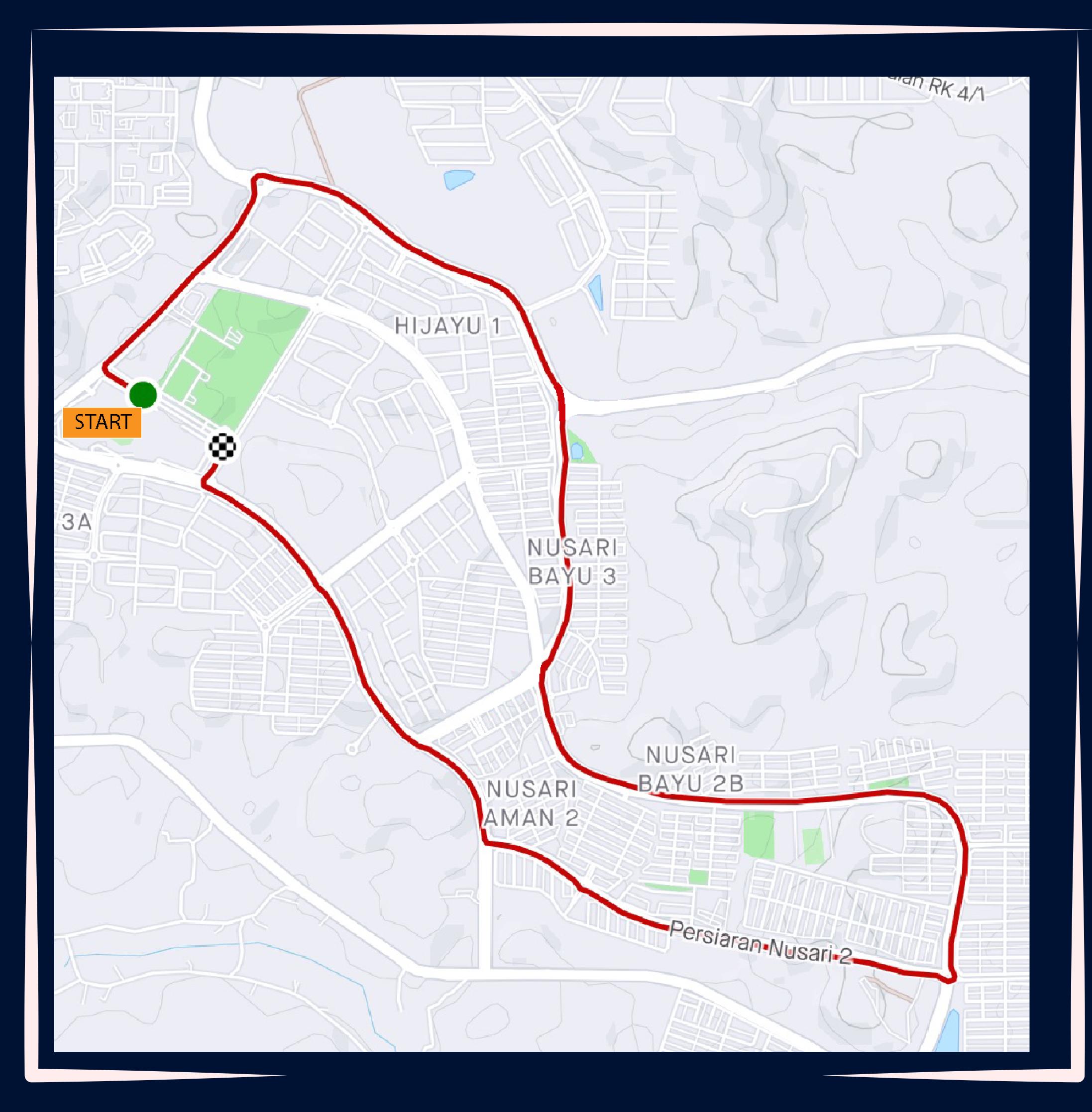
BIKE 20KM (2L00PS)

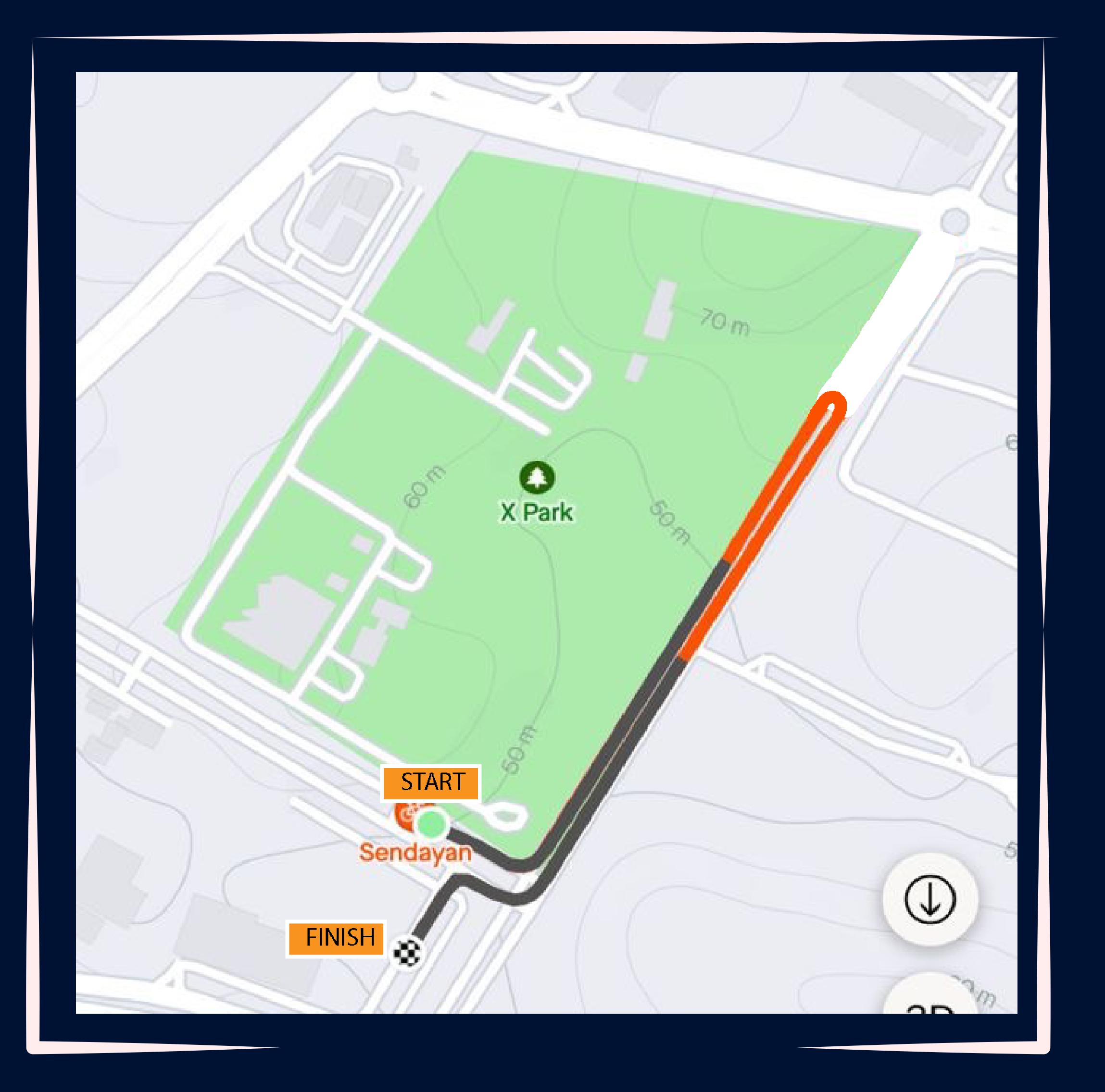
RUN 2.5KM (1L00P)

### MATRIX DUATHLON SUPER SPRINT

2KM RUN - 10KM BIKE - 1KM RUN







RUN 2KM (2L00PS)

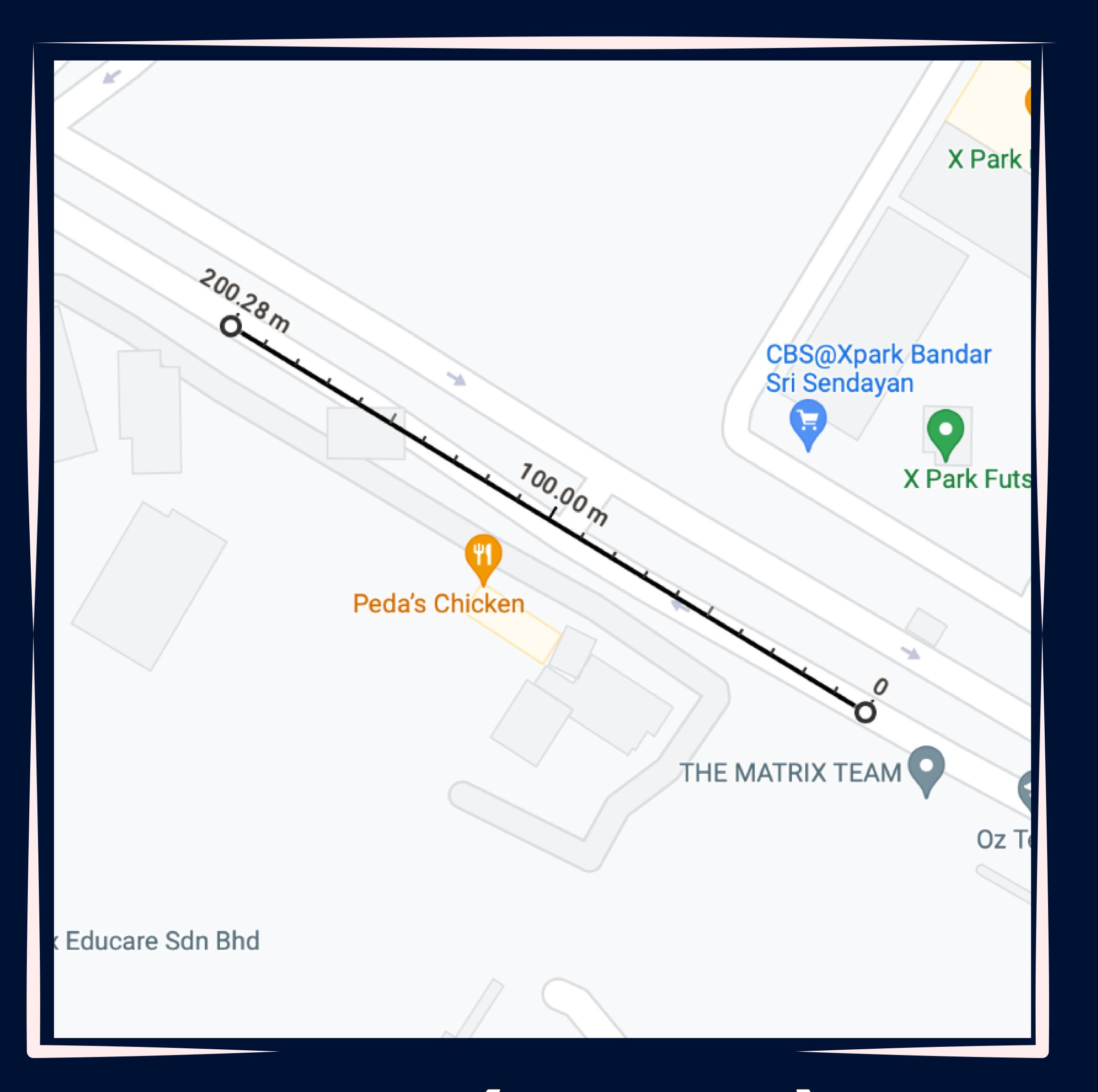
BIKE 10KM (1L00P)

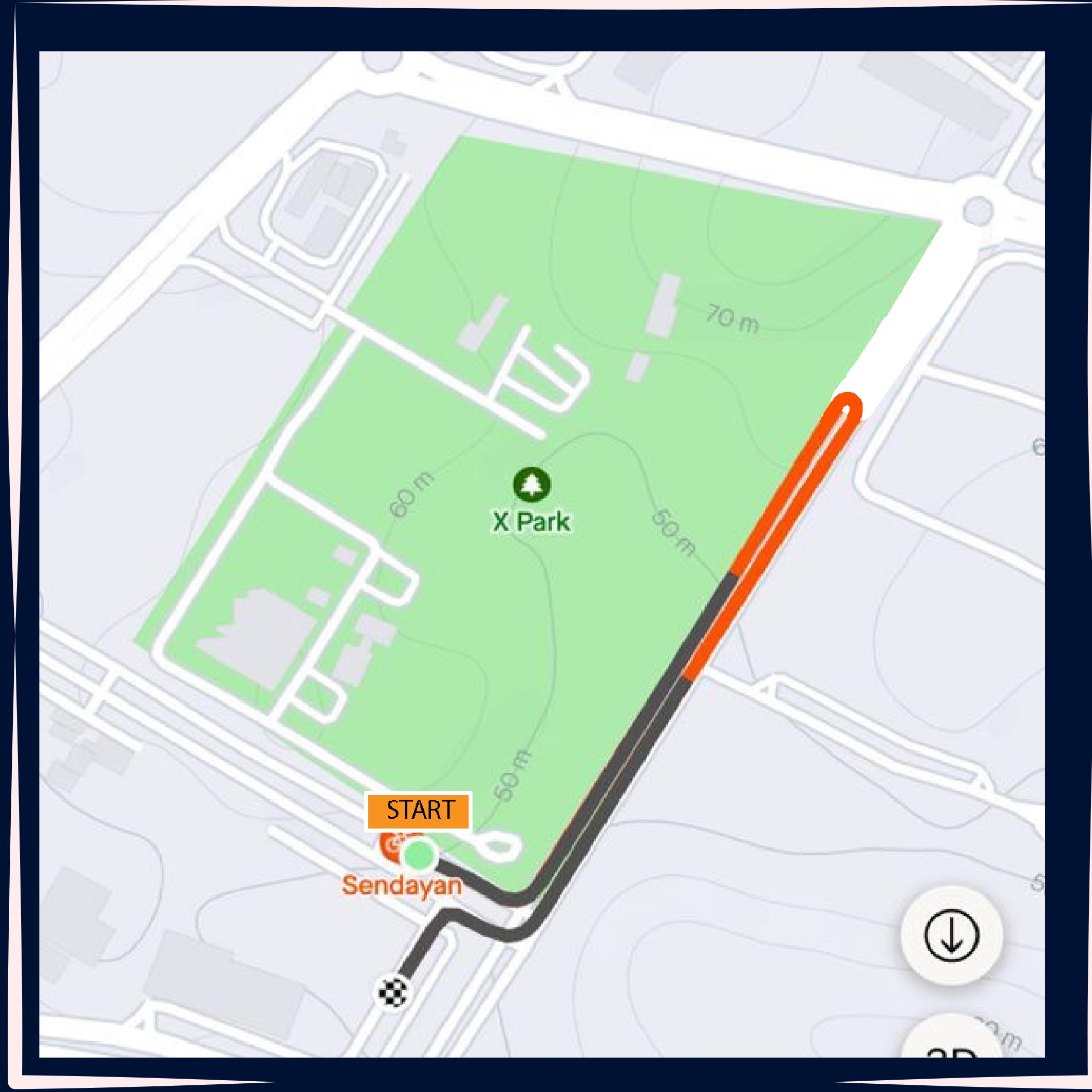
RUN 2.5KM (1L00P)

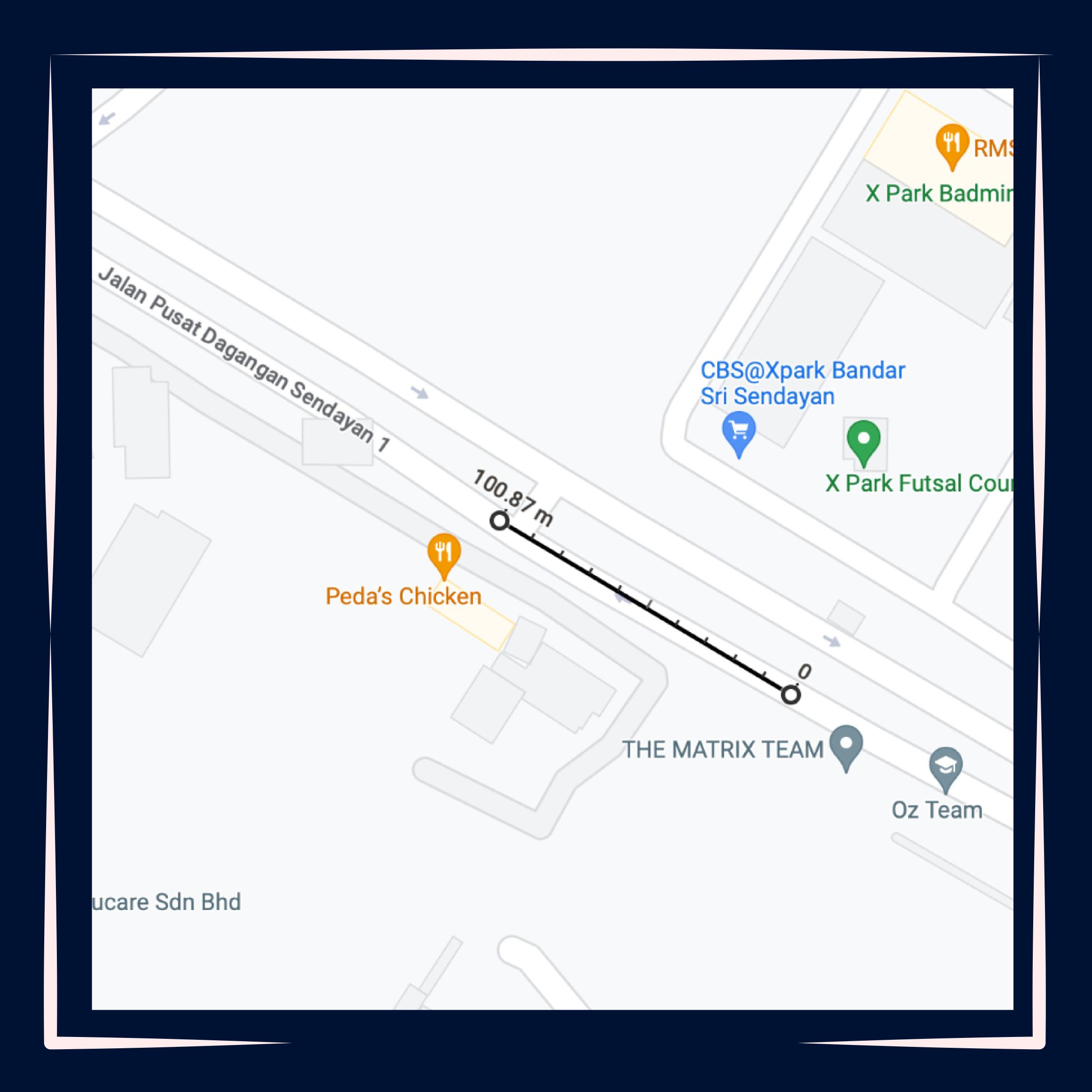
#### MATRIX DUATHLON KIDS SERIES

7YO AND UNDER & FAMILY RELAY

400M RUN - 1KM BIKE - 200M RUN







RUN 400M (1L00P)

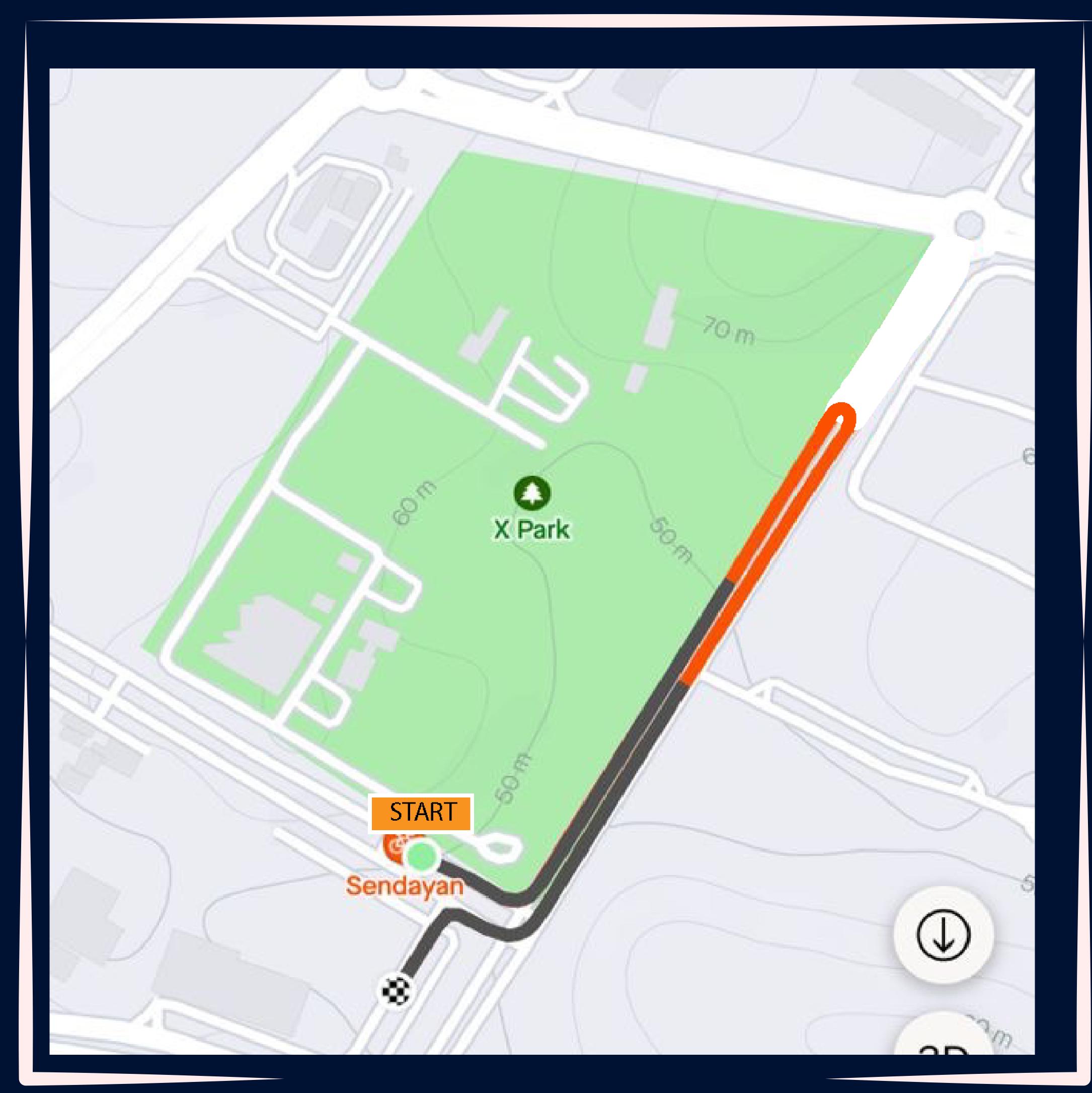
BIKE 1KM (1LOOP)

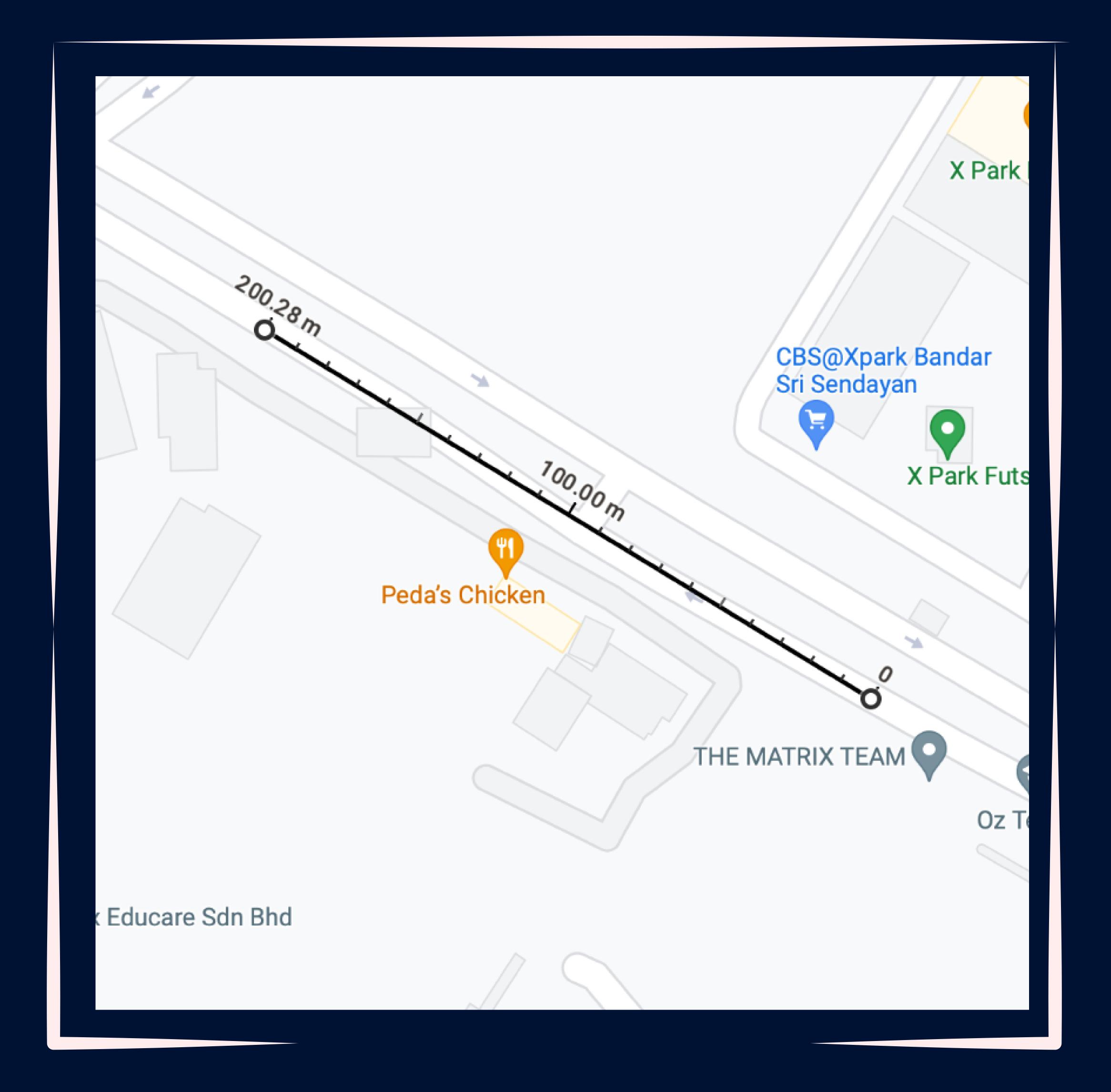
RUN 200M (1L00P)

#### MATRIX DUATHLON KIDS SERIES

8Y0 TO 9Y0 800M RUN - 2KM BIKE - 400M RUN







RUN 400M (4 LOOP)

BIKE 2KM (2L00P)

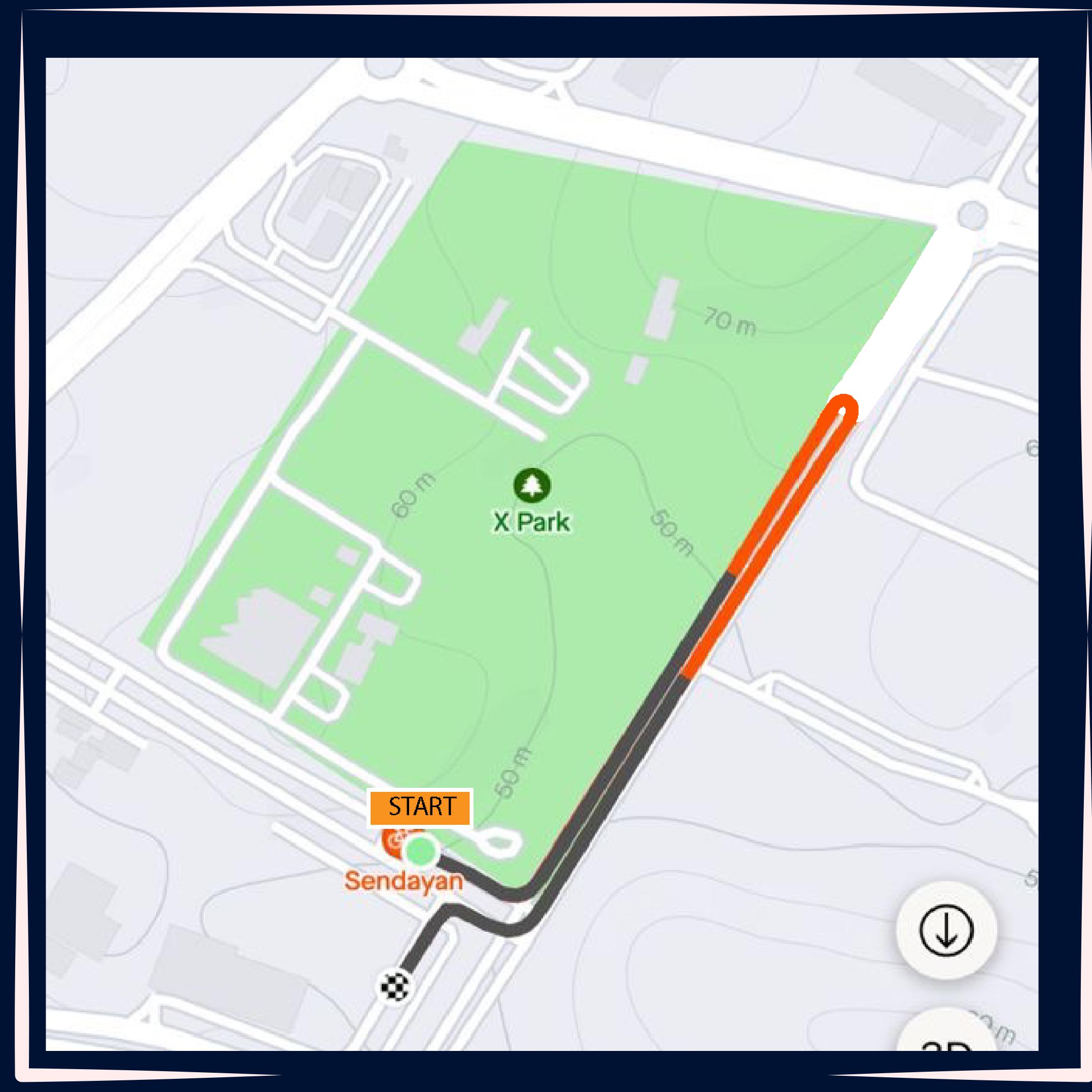
RUN 200M (2 LOOP)

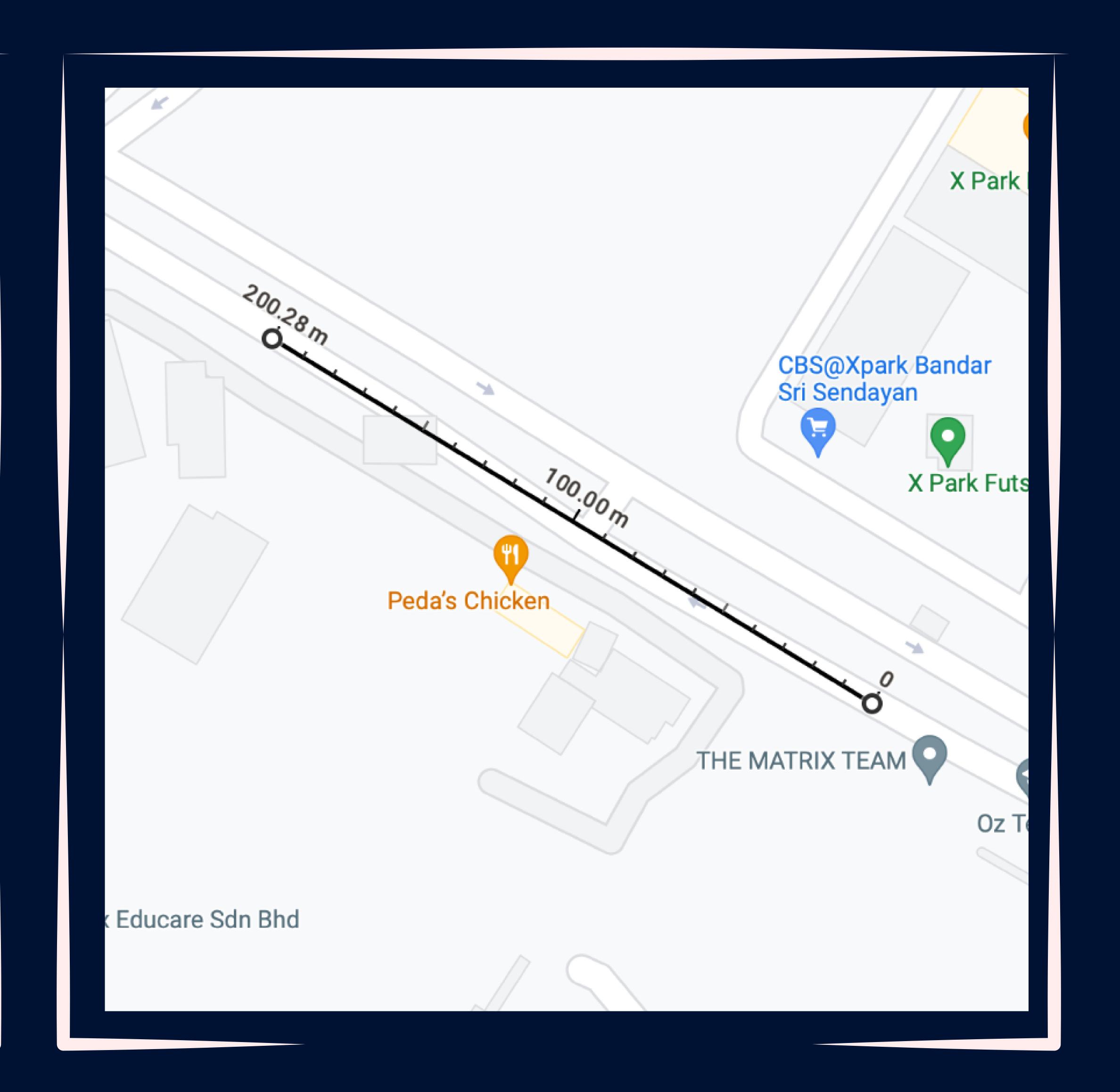
#### MATRIX DUATHLON KIDS SERIES

11Y0 T0 12Y0

1.2KM RUN - 4KM BIKE - 800M RUN







RUN 1.2KM (6L00P)

BIKE 4KM (4L00P)

RUN 800M (4 L00P)

# TERMS & CONDITIONS

- THE ORGANISERS RESERVE THE RIGHT TO AMEND THE RULES AND REGULATIONS WITHOUT PRIOR NOTIFICATION.
- PARTICIPANTS SHOULD BE AWARE THAT THAT THEY ARE JOINING THIS EVENT AT THEIR OWN RISK AND THE ORGANISERS SHALL NOT BE LIABLE FOR ANY BODILY INJURIES, LOSS AND/OR DAMAGE TO PROPERTY; THE ORGANISERS WILL ENSURE PRECAUTIONARY MEASURES WILL BE TAKEN TO PREVENT ANY UNWANTED INCIDENT(S) TO THE BEST OF THEIR ABILITY.
- PARTICIPANTS ARE ACCOUNTABLE FOR THEIR OWN RACE (I.E RACE ROUTE, SCHEDULE, LOOPS). PLEASE READ THE RACE BOOK PROVIDED.
- ATTENDING THE RACE BRIEFING IS HIGHLY RECOMMENDED, AS IT COVERS ALL EVENT INFORMATION.
- THE ORGANISERS RESERVE THE RIGHT TO USE ANY PHOTOGRAPHS, MOTION PICTURE, RECORDINGS, OR ANY OTHER RECORD OF THIS RACE AND ITS PARTICIPANTS FOR ANY COMMERCIAL ADVERTISING INCLUDING OTHER COMMERCIAL LEGITIMATE PURPOSES.
- THE ORGANISERS RESERVE THE RIGHT TO AMEND THE RACE COURSE WITHOUT PRIOR NOTICE TO PARTICIPANTS.
- SHOULD THE INCLEMENT WEATHER PERSIST AFTER DELAY, THE ORGANISERS RESERVE THE RIGHT TO CHANGE THE RACE DISTANCE, RACE FORMAT OR CANCEL THE RACE WITHOUT ANY REFUND OF REGISTRATION FEES.
- THE ORGANISERS RESERVE THE RIGHT TO REMOVE ANY PARTICIPANT DEEMED PHYSICALLY INCAPABLE OF CONTINUING THE RACE.
- THE ORGANISERS RESERVE THE RIGHT TO REMOVE ANY PARTICIPANT DEEMED PHYSICALLY INCAPABLE OF CONTINUING THE RACE.
- THE ORGANISERS RESERVE THE RIGHT TO PREVENT ANY PARTICIPANT FROM STARTING AND/OR CONTINUING IN THE RACE IF THE ORGANISERS DEEM THE CONDUCT OF THE PARTICIPANT IMPACTS ANOTHER PARTICIPANT'S SAFETY.

- A RM 100 PAYMENT APPLIES FOR ANY LOSS OR DAMAGE TO THE TIMING CHIP OR BAND.
- THE ORGANISERS RESERVE THE RIGHT TO LIMIT AND/OR REFUSE ENTRIES WITHOUT ASSIGNING ANY REASON THEREOF.
- ONCE THE REGISTRATION FORM HAS BEEN DULY PROCESSED, THERE WILL BE NO FEE REFUND FOR THOSE WHO FAIL TO TURN UP FOR THE RACE AND/OR WITHDRAW FROM IT.
- INDIVIDUAL RACE ENTRIES ARE NON-TRANSFERABLE. ANY PERSON DOING SO WILL BE HELD RESPONSIBLE IN CASE OF AN ACCIDENT ARISING FROM OR PROVOKED BY THE OTHER PERSON DURING THE RACE. THE ORGANISERS RESERVE THE RIGHT TO EXCLUDE BOTH PARTIES FROM FUTURE EVENTS.
- CHANGES TO TEAM RELAY MEMBERS ARE PERMITTED UNTIL REGISTRATION CLOSING DATE. AN ADMIN FEE OF S\$15 APPLIES PER CHANGE OF PERSON.
- THE ORGANISERS WILL NOT BE RESPONSIBLE FOR ANY DISPUTES ARISING FROM INCOMPLETE/WRONG ENTRY DETAILS GIVEN BY THE PARTICIPANTS.
- THE RACE REGISTRATION WILL ONLY BE CONFIRMED WHEN FULL PAYMENT OF THE RACE REGISTRATION FEE HAS BEEN MADE.
- ENTRIES AFTER THE REGISTRATION CLOSING DATE WILL NOT BE ENTERTAINED.
- THE PARTICIPANT MUST ENSURE THE PROVIDED RACE DETAILS ARE CORRECT UPON RECEIPT OF THE RACE CONFIRMATION EMAIL AND REPORT ANY DISCREPANCIES WITHIN 48 HOURS OF SUBMISSION OF THE ENTRY FORM TO THE ORGANISERS. ANY CHANGES THEREAFTER ARE SUBJECTED TO AN ADMIN CHARGE.
- UPGRADE OF A RACE ENTRY IS PERMITTED UNTIL THE REGISTRATION CLOSING DATE.
- DOWNGRADE OF RACE ENTRY IS PERMITTED UNTIL REGISTRATION CLOSING DATE. THERE WILL BE NO REFUND OF THE FEE DIFFERENCE.
- ALL PARTICIPANTS MUST COLLECT THEIR RACE KIT. PARTICIPANTS WHO FAIL TO DO SO WILL NOT BE ALLOWED TO RACE ON RACE DAY
- PARTICIPANTS MUST RETURN THE TIMING CHIP & BAND TO THE ORGANISERS IMMEDIATELY AFTER THE RACE. A RM 100 PAYMENT APPLIES FOR ANY LOSS OR DAMAGE TO THE TIMING CHIP OR BAND.
- PARTICIPANTS IN BOTH THE INDIVIDUAL AND RELAY CATEGORY MUST ENSURE THAT THEIR TIMING BAND IS SECURELY STRAPPED TO THE LEFT ANKLE BEFORE BEGINNING ON ANY LEG OF THE RACE. THE ORGANISERS ARE NOT RESPONSIBLE FOR ANY INACCURACY IN PARTICIPANT'S RACE TIMINGS DUE TO IMPROPER WEARING OF THE TIMING BAND.
- PARTICIPANTS MUST READ THE RACE BRIEFING PRIOR TO THE RACE TO FAMILIARISE THEMSELVES WITH THE VENUE, COURSE AND RULES OF THE EVENT. THE RACE BRIEFING WILL BE AVAILABLE ON THE EVENT WEBSITE 10 DAYS PRIOR TO THE RACE.
- PARTICIPANTS WHO WISH TO PROTEST AGAINST ANOTHER COMPETITOR OR NOTIFY A VIOLATION MUST DO SO IN WRITING TO THE ORGANISERS WITHIN 30 MINUTES OF HIS/HER FINISH TIME. A DEPOSIT OF SGD\$50 MUST ACCOMPANY THE APPROPRIATE PROTEST AND WILL BE REFUNDED IF THE PROTEST IS SUCCESSFUL.

- RUNNERS MUST WEAR THEIR RACE BIB AT THE FRONT OF THEIR ATTIRE OR APPAREL AT ALL TIMES DURING THE RUN.
- RUNNING WITH BARE TORSO IS NOT ALLOWED.
- SUPPORT VEHICLES OR PACERS ARE NOT ALLOWED.
- RUNNERS MUST RUN ON THE DESIGNATED PATH FOR THE ENTIRE ROUTE. FAILURE TO DO SO MAY RESULT IN DISQUALIFICATION.
- WEARING HEADPHONES IS NOT ALLOWED AT ALL TIMES.

- CYCLISTS MUST ENSURE THAT THEIR RACE BIB ARE CLEARLY VISIBLE ON THEIR ADORNED APPAREL AT ALL TIMES.
- CYCLING WITH BARE TORSO IS NOT ALLOWED.
- CYCLISTS ARE TO RIDE IN SINGLE FILE ON THE LEFT SIDE OF THE ROAD EXCEPT WHEN PASSING ANOTHER CYCLIST AND ARE REMINDED TO OBSERVE TRAFFIC RULES AT ALL TIMES. CARS WILL ALWAYS HAVE THE RIGHT OF WAY.
- CYCLISTS WILL BE REQUIRED TO PERFORM THEIR OWN REPAIRS SHOULD IT BE NECESSARY.
- SUPPORT VEHICLES AND CREWS ARE NOT ALLOWED.
- CYCLISTS MUST WEAR THEIR HELMETS FROM THE TIME THEY REMOVE THEIR BICYCLE FROM THE RACK AT TRANSITION AREA
- THE HELMET MUST STAY ON THE CYCLIST'S HEAD UNTIL HE/SHE HAS PLACED HIS/HER BICYCLE AT THE ALLOCATED SPOT ON THE BICYCLE RACK AT TRANSITION AREA.
- IT IS THE CYCLIST'S RESPONSIBILITY TO ENSURE THAT THEIR BICYCLES ARE IN GOOD WORKING CONDITION.
- WEARING HEADPHONES IS NOT ALLOWED AT ALL TIMES. COMMUNICATION OR ENTERTAINMENT DEVICES OF ANY TYPE ARE STRICTLY PROHIBITED DURING THE RACE.
- TT BIKES, ROAD BIKES, MOUNTAIN BIKES & FOLDABLE BIKES ARE PERMITTED DURING EVENT.

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- ONLY PARTICIPANTS WITH VALID BIBS / TIMING CHIPS ARE PERMITTED INTO THIS AREA
- NO PERSON/S (UNLESS PARTICIPANTS) ARE PERMITTED ENTRY INTO TRANSITION AREA DURING RACE DURATION
- PARTICIPANTS WHO WISHES TO COLLECT THEIR BELONGING MAY DO SO AFTER THE RACE IS OVER, UNLESS PERMISSION IS GRANTED BY THE ORGANIZER
- PARTICIPANTS ARE ENCOURAGED NOT TO KEEP THEIR PERSONAL BELONGINGS/VALUABLES IN THIS AREA
- ALTHOUGH THE ORGANIZER WILL TAKE ALL THE NECESSARY PRECAUTIONS AND SAFETY MEASURE TO ENSURE PARTICIPANTS ENJOY A SMOOTH TRANSITION, ALL PARTICIPANTS ARE TO ENSURE THEY RACK THEIR BIKES (AND TRANSITION EQUIPMENT) WITHIN YOUR DESIGNATED AREA ONLY
- RELAY TEAM MEMBERS ARE REQUIRED TO BE WAITING AT THE DESIGNATED "RELAY WAITING AREA" ONLY,
   TO PERFORM THE EXCHANGE



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#### MORE INFORMATION:



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d'TEMPAT COUNTRY CLUB, SEREMBAN 2

