



TRIATHLON



26TH MARLBOROUGH COLLEGE, ISKANDAR PUTERI, JOHOR





GENERAL INFORMATION

Event Title : NX113 MARLBOROUGH COLLEGE TRIATHLON

- Date : 26th February 2023
- Time. : 7.00am 12.00pm
- Venue : Marlborough College Malaysia

Jalan Marlborough, Puteri Harbour, 79200

Iskandar Puteri, Johor

Event Organizer : Hybrid Management SDN BHD

Race Director : Andy Foo

Contact Number : +60123919211

E-mail : registration@neptunextreme.com

Reg Portal : https://neptunex113.com



RACE CATEGORIES

INDIVIDUAL

RELAY

CATEGORY	DISTANCE		
		CATEGORY	DISTANCE
6 & UNDER	25m Swim - 300m Bike - 300m Run		
		- 7-8	25m Swim - 500m Bike - 500m Run
7-8	25m Swim - 500m Bike - 500m Run		50m Swim - 2km Bike - 750m Run
9-10	50m Swim - 2km Bike - 750m Run	9-10 11-12 13-14	
3-10	Som Swift - Zkin Bike - 750m Hun		100m Swim - 4km Bike - 750m Run 100m Swim - 6km Bike - 1.5km Run
11-12	100m Swim - 4km Bike - 750m Run		
13-14	100m Swim - 6km Bike - 1.5km Run		
15-16	150m Swim - 8km Bike - 1.5km Run	15-16	150m Swim - 8km Bike - 1.5km Run
10-10	130111 SWITT - OKITI DIKE - 1.3KITI HUT	17-18	200m Swim 11km Bike 2.05km Bun
17-18	200m Swim - 11km Bike - 2.25km Run	1/-10	200m Swim - 11km Bike - 2.25km Run
		19 & ABOVE	300m Swim - 11km Bike - 3km Run
19 & ABOVE	300m Swim - 11km Bike - 3km Run		



SCHEDULE

RACE PACK COLLECTION

Saturday 25th MARCH 2023 @Marlborough College Malaysia from 11am - 4.00 pm

EVENT DAY

SUNDAY 26th MARCH 2023 @Marlborough College Malaysia 6.30am - Check In 7.15am - Transition Closed 7.30am - U6 & Under Flag Off 7.45am - 7-8yo Flag Off 8.00am - 9-10yo Flag Off 8.15am - 11-12yo Flag Off 8.30am - 13-14yo Flag Off 9.15am - 9.30am BREAK (CARS OUT) 9.30am - 15-16yo Flag Off 9.45am - 17-18yo Flag Off 10.15am - 19 and Above Flag Off 11:00am - Prize Presentation 12:00pm - Event Officially End



CATEGORIES & FEES

INDIVIDUAL RM 190.00 RELAY RM 300.00 U6 (NO TIMING CHIP) RM 95

REGISTRATION LINK:

https://neptunex113.com/marlborough-collegetriathlon-2023/

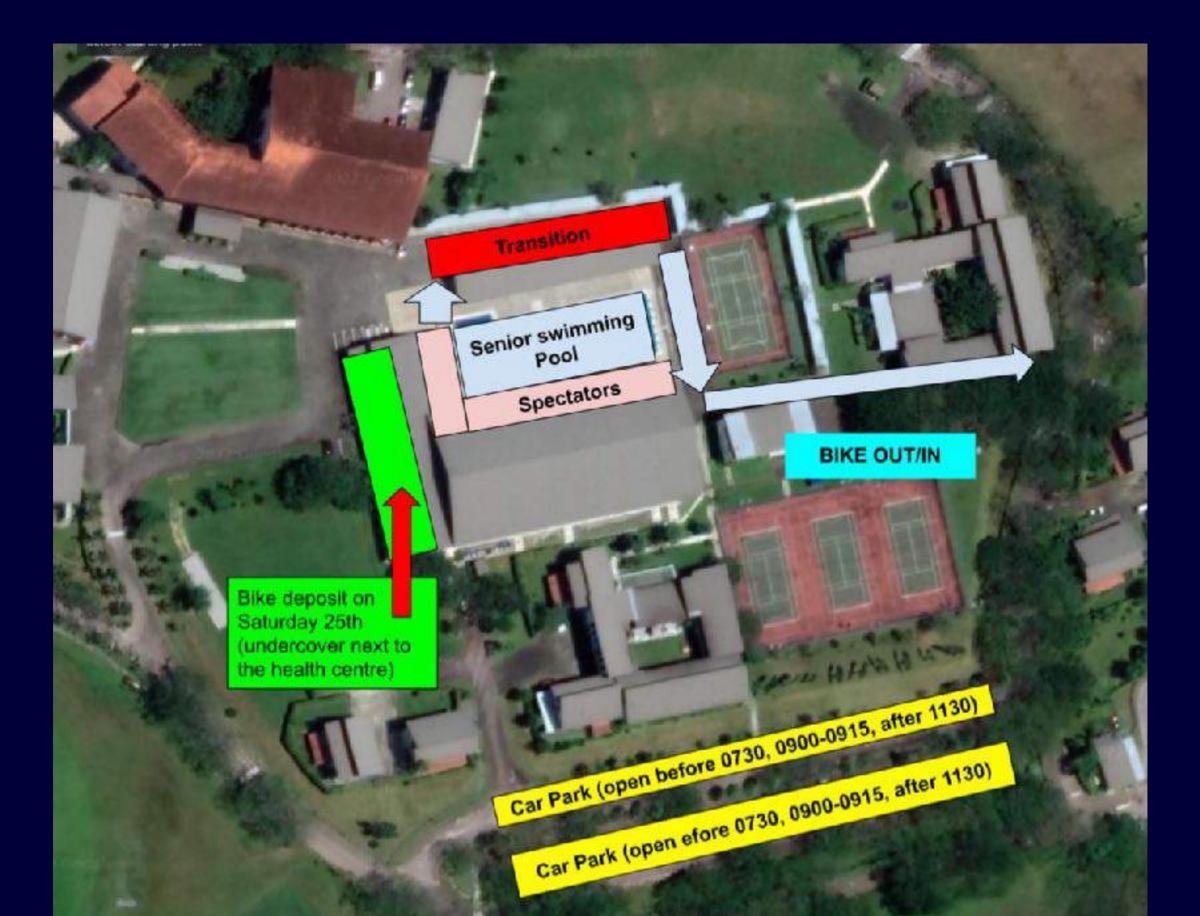


SWIMMING

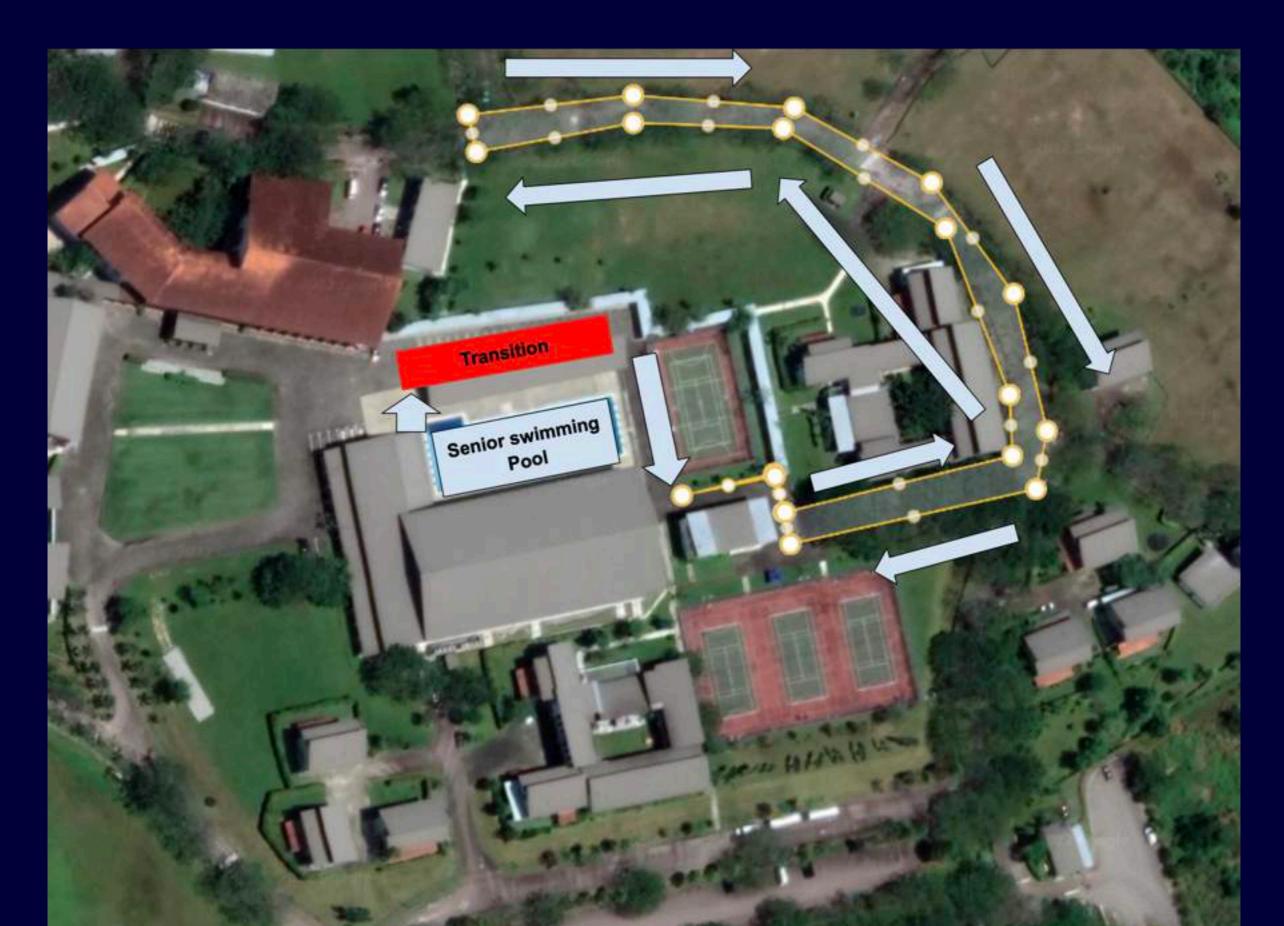
ALL SWIMMING WILL TAKE PLACE IN THE SENIOR SCHOOL SWIMMING POOL



TRANSITION FLOW



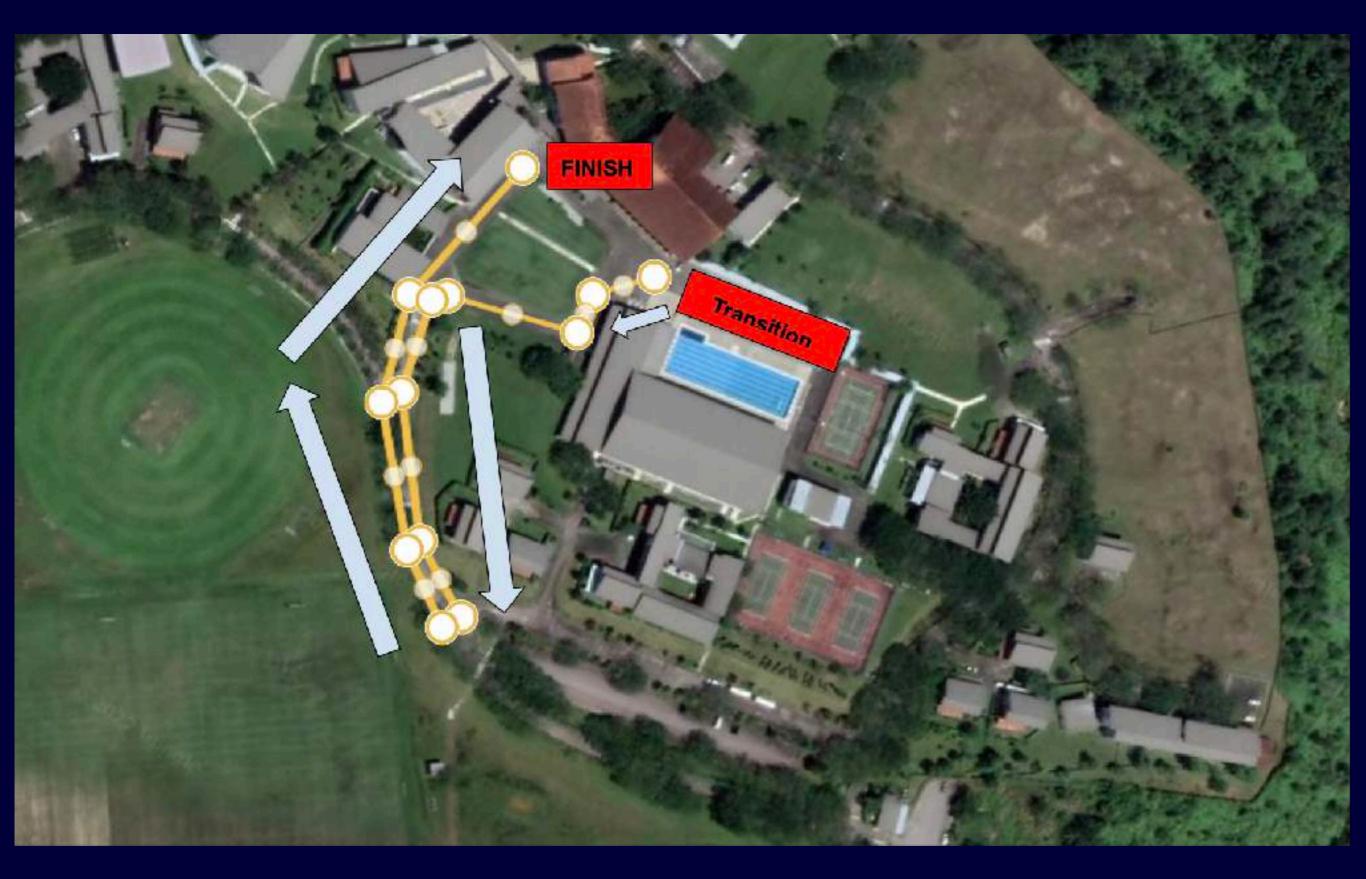
BIKE ROUTE FOR U6 & UNDER, 7-8YO



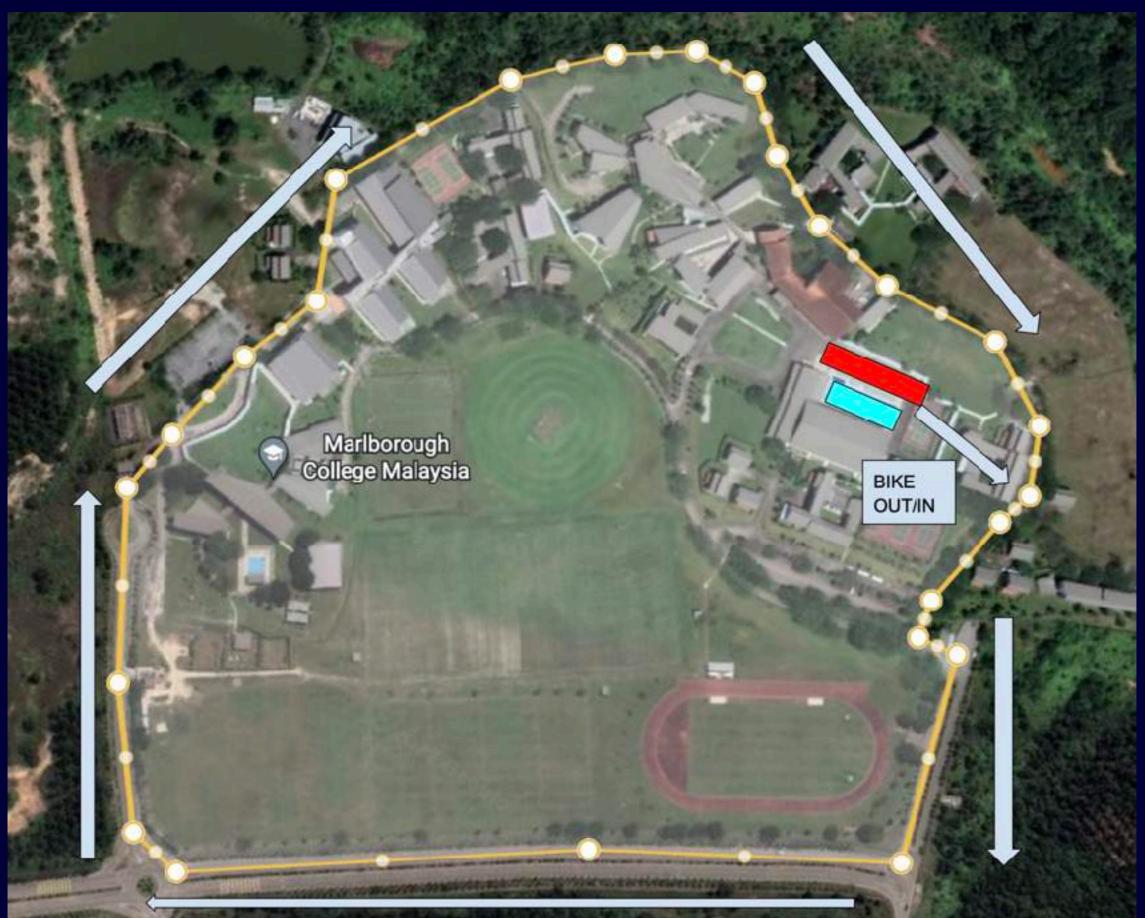
RUN ROUTE FOR U6 & UNDER WILL JUST BE IN COURT



RUN ROUTE FOR 7-8YO (500m)



BIKE ROUTE FOR 9-10yo until 19 & Above



RUN ROUTE FOR 9-10yo until 19 & Above



TERMS & CONDITIONS

GENERAL

- The Organisers reserve the right to amend the Rules and Regulations without prior notification.
- Participants should be aware that they they are joining this event at their own risk and the Organisers shall not be liable for any bodily injuries, loss and/or damage to property; the Organisers will ensure precautionary measures will be taken to prevent any unwanted incident(s) to the best of their ability.
- Participants are accountable for their own race (i.e race route, schedule , loops). Please read the Race Book provided.
- Attending the Race Briefing is highly recommended, as it covers all event information.
- The Organisers reserve the right to use any photographs, motion picture, recordings, or any other record of this race and its participants for any commercial advertising including other commercial legitimate purposes.
- The Organisers reserve the right to amend the race course without prior notice to participants.
- Should the inclement weather persist after delay, the Organisers reserve the right to change the race distance, race format or cancel the race without any refund of registration fees.
- The Organisers reserve the right to remove any participant deemed physically incapable of continuing the race.
- The Organisers reserve the right to remove any participant deemed physically incapable of continuing the race.
- The Organisers reserve the right to prevent any participant from starting and/or continuing in the race if the Organisers deem the conduct of the participant impacts another participant's safety.



RACE ENTRY

- A RM100.00 payment applies for any loss or damage to the Timing Chip or Band.
- The Organisers reserve the right to limit and/or refuse entries without assigning any reason thereof.
- Participants will be eligible for a full refund within 24hours after payment is made, provided a reasonable excuse is given. After 24hours, the Organizers reserve the right to reject any request for refunds.
- Once the registration form has been duly processed, there will be no fee refund for those who fail to turn up for the race and/or withdraw from it.
- Individual race entries are non-transferable. Any person doing so will be held responsible in case of an accident arising from or provoked by the other person during the race. The Organisers reserve the right to exclude both parties from future events.
- The Organisers will not be responsible for any disputes arising from incomplete/wrong entry details given by the participants.
- The race registration will only be confirmed when full payment of the race registration fee has been made.
- Entries after the registration closing date will not be entertained.
- The participant must ensure the provided race details are correct upon receipt of the Race Confirmation email and report any discrepancies within 48 hours of submission of the entry form to the Organisers. Any changes thereafter are subjected to an admin charge.
- Upgrade of a race entry is permitted until the registration closing date.
- Downgrade of race entry is permitted until registration closing date. There will be no refund of the fee difference.
- All participants must collect their Race Kit. Participants who fail to do so will not be allowed to race on Race Day.
- Participants must return the Timing Chip & Band to the Organisers immediately after the race. A RM100.00 payment applies for any loss or damage to the Timing Chip or Band.
- Participants must ensure that their Timing Band is securely strapped to the left ankle before beginning on any leg of the race. The Organisers are not responsible for any inaccuracy in participant's race timings due to improper wearing of the Timing Band.
- Participants must read the Race Briefing prior to the race to familiarise themselves with the venue, course and rules of the Event.
- Participants who wish to protest against another competitor or notify a violation must do so in writing to the Organisers within 30 minutes of his/her finish time. A deposit of SGD\$50 must accompany the appropriate protest and will be refunded if the protest is successful.



TRANSITION AREA

- Only participants with valid bibs / timing chips are permitted into this area
- No person/s (unless participants) are permitted entry into Transition Area during Race duration
- Participants who wishes to collect their belonging may do so after the Race is over, unless permission is granted by the Organizer
- Participants are encouraged not to keep their personal belongings/ valuables in this area.
- Although the Organizer will take all the necessary precautions and safety measure to ensure participants enjoy a smooth transition, all participants are to ensure they put their equipments (and transition equipment) within your designated area only.



SWIMMING

- Swimsuits must be worn.
- All swimmers must wear the swim caps provided by the Organisers.
- Swim goggles may be worn.
- Fins, paddles, pool buoys, snorkels or any other swimming aids are not allowed. For safety reasons.
- Wet suits are not allowed.
- Support crews are not allowed.
- No persons other than the participants and officials are permitted in the swimming area.
- Swimmers in difficulty shall signal to the safety team for assistance. Once assistance is rendered the competitor is disqualified from the competition.
- Warming-up for the swim must be conducted within the designated area (if available).



CYCLING

- Cyclists Must Ensure That Their Race Bib Are Clearly Visible On Their Adorned Apparel At All Times.
- Cycling With Bare Torso Is Not Allowed.
- Cyclists Are To Ride In Single File On The Left Side Of The Road Except When Passing Another Cyclist And Are Reminded To Observe Traffic Rules At All Times. Cars Will Always Have The Right Of Way.
- Cyclists Will Be Required To Perform Their Own Repairs Should It Be Necessary.
- Support Vehicles And Crews Are Not Allowed.
- Cyclists Must Wear Their Helmets From The Time They Remove Their Bicycle From The Rack At Transition Area
- The Helmet Must Stay On The Cyclist's Head Until He/She Has Placed His/Her Bicycle At The Allocated Spot On The Bicycle Rack At Transition Area.
- It Is The Cyclist's Responsibility To Ensure That Their Bicycles Are In Good Working Condition.
- Wearing Headphones Is Not Allowed At All Times. Communication Or Entertainment Devices Of Any Type Are Strictly Prohibited During The Race.
- Tt Bikes, Road Bikes, Mountain Bikes & Foldable Bikes Are Permitted During Event.
- Aero Handle-Bars Are Allowed.



RUNNING

- Runners must wear their race bib at the front of their attire or apparel at all times during the run.
- Running with bare torso is not allowed.
- Support vehicles or pacers are not allowed.
- Runners must run on the designated path for the entire route. Failure to do so may result in disqualification.
- Wearing headphones is not allowed at all times.



113 TRIATHLON SERIES 113_EVENTUREGLOBAL +6012 391 9211 REGISTRATION@NEPTUNEXTREME.COM

